

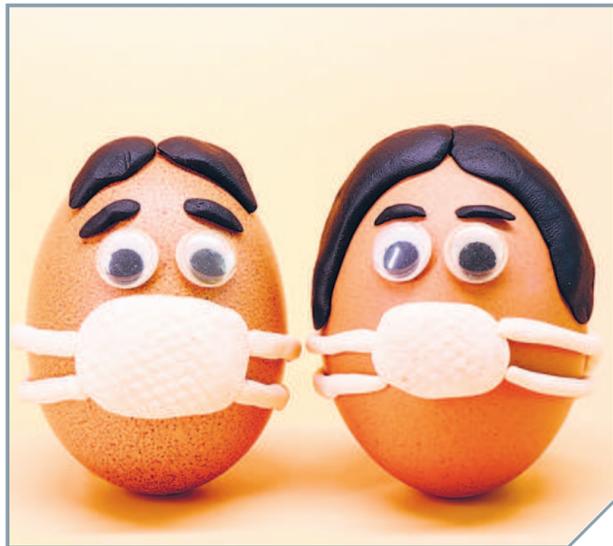


WISE WORDS >>

To serve is beautiful, but only if it is done with joy and a whole heart and a free mind.

PEARL S BUCK

hindustantimes



MASKS HERE, THERE AND EVERYWHERE

If you thought that only human beings are sporting masks across our Covid-stricken world, think again. Mannequins in shopping districts and pets too are sporting them. And with a major Christian festival just round the corner, mask-clad Easter eggs and chocolate bunnies are flying off the shelves!

PHOTOS: REUTERS, AP AND SHUTTERSTOCK

OFF THE SPORTS ARENA

'Everything now revolves around Aditi, my daughter'

Everyday a top athlete will talk about her or his experience of dealing with the Covid-19 pandemic. This is Cheteshwar Pujara, India's No. 3 batsman in the longest format of cricket who knows well the importance of bidding one's time.

Even though it can get a little bit frustrating, it is important to stay at home in these troubled times. The feeling of frustration is not bigger than life. You just have to deal with it for a few days, and then we might get used to it.

You have to find new activities to do at home. That's what we are doing, and so even though it feels like there is a lot of time on our hands, there isn't really much. My daughter Aditi takes most of our time. Everything revolves around her. We don't get bored due to her presence; she is very energetic, running around the house almost throughout the day. Our timings are set according to her, so my workout is mostly done in the afternoon when she is sleeping. I wanted to learn cooking, but I am not sure that I will have enough time for it.

In these times, you have to manage all your work on your own, which is not a big issue for us. When I go to play County cricket (in the UK), we manage the household chores on our own. Right now, I am



Cheteshwar Pujara with her daughter Aditi

trying to help my wife, Puja, by either cleaning the house, chipping in with washing the utensils or just organising things at home.

During the Ranji Trophy final (last month), I was struggling to bat due to a back strain. I was advised two weeks of rest, and it has healed now. In any case, there won't be any matches for a month or so. That said, I want to work on my fitness. I have a gym at home and I am training as per the chart given by the trainer — strengthening my back, doing cardio by running on the treadmill or cycling.

There is no right time (for a break like this) but for us (longer format players), this is the end of the season and there aren't many games coming up. So, it won't affect my skills part. Because, even if I start playing cricket after a month, I understand my batting and getting into rhythm will not be difficult. You just need to be in good shape. When the matches start again, I will be ready for it. At the moment, I am completely off cricket.

My message for everyone is that it is important to do some exercises, whether it is yoga or walking in your room. And remember: don't move out at all, except for getting hold of essentials.

(As told to Sanjeev K Samya)

IN THE NEWS

Dear Reader,
Hindustan Times is coming to you in this new avatar at a time when our normal lives and activities have been disrupted by the challenge posed by the Coronavirus disease (Covid-19).
You have been reading the HT School Edition in your classrooms. Now, with schools closed and a lockdown in place, we have created this specially curated e-paper to cater to your varied interests and your appetite for knowledge.
A special feature of this new e-paper will be the "You" section, dedicated to your experiences during the lockdown, and how you're spending these unusual days. Apart from the contributions from students, insights from teachers and principals will also be featured in these columns.
As you engage with this special edition, we request you to keep sharing your views on it. Let us know what you like and what you don't, and what else you would like to read. Your feedback will help us fine-tune this offering so that it better reflects exactly what you want.
We at HT believe that the readers of today are the leaders of tomorrow. So let us begin this journey together.

Clowns entertain German senior citizens in isolation

BERLIN : A group of clowns who usually entertain retirees in their rooms at seniors' homes has taken to performing outside instead so their audience can watch from their windows or balconies while in coronavirus-enforced isolation.

The clowns were determined that the seniors not be deprived of laughter by the virus, which has meant they cannot receive visitors or even go to their communal dining rooms to eat.
So the group from Laughing Helps, an association of 'clinical clowns' who entertain people under medical and nursing care, started performing in courtyards outside the seniors' rooms — at an appropriate distance from each other.

"We don't want to leave them alone," said Tanja Selmer, alias Tiffany the Clown. "We thought, 'what could we do?' How could we give them a moment of joy nonetheless? Then we got the idea to just do it outdoors."

REUTERS



Clowns perform for seniors at their retirement home in Jueterbog in Germany on Tuesday

REUTERS

Skill courses as 6th subject for classes 6-11

NEW DELHI: The Central Board of Secondary Education (CBSE) will offer skill courses as an additional sixth subject for classes 6 to 11 from 2020-21 academic session, officials said on Tuesday.

"At the secondary level, a skill subject may be offered as an additional subject along with the existing five compulsory subjects. The board has decided to offer students the flexibility of making a vocational choice of a short duration module of 12 hours at a stage in their early academic career, either at Class 6, 7 or 8," Biswajit Saha, CBSE's director, training and skill education, said.

"In this way, they will be able to spend a relevant time period pursuing this choice as per the convenience of school, while benefitting from access to courses that are broader based," he said.

Saha said that this would give students the necessary orientation early on so that they are able to make a choice at a later stage to pursue skill courses at secondary and senior secondary level, or choose a higher vocational degree. In essence this flexibility will keep multiple career possibilities open for each student, instead of



The CBSE's latest step would give students the necessary orientation early on to enable to make a choice at a later stage to pursue skill courses at secondary and senior secondary levels

HT FILE

the current situation of rigidity once the first choice is made, he added. As per the existing CBSE policy, if any student fails in any one of the three elective subjects -- Science, Mathematics and Social Science -- then it will be replaced by the skill subject offered as the sixth subject and a result of Class 10 will be computed based on the best five subjects.

PTI

Trump paving way to seize other planets: Russian space agency

MOSCOW: The Russian space agency, Roscosmos, accused the United States President Donald Trump on Tuesday of creating a basis to take over other planets by signing an executive order outlining the United States policy on commercial mining in space.

The executive order, which Roscosmos said damaged the scope for international cooperation in space, was signed on Monday.

It said that the United States would seek to negotiate "joint statements and bilateral and multilateral arrangements with foreign states regarding safe and sustainable operations for the public and private recovery and use of space resources".

It said US citizens should have the right to engage in such activity and that "outer space is a legally and physically unique domain of human activity, and the United States does not view it as a global commons".

Roscosmos said the order put the United States at odds with the notion of space belonging to all humanity. REUTERS



Federer throws volleying challenge

ZURICH: Swiss legend Roger Federer has come out with a new volley challenge for his fans who have been advised to stay home during the ongoing coronavirus pandemic. The 38-year-old Swiss, who has been exploring new ways to embrace tennis at home, has found a fun method at the wall where he'd previously put on a trick-shot show on ice.

"Here's a helpful solo drill. Let's see what you got! Reply back with a video and I'll provide some tips. Choose your hat wisely," Federer tweeted. In the video, he stood just inches from the wall and hit rapid fire forehand volleys. Federer was already hitting volleys when the video began and he was still doing so when the video ended. The shots that he hit against the wall were too quick to count, but he hit about 200 consecutive volleys in one minute without moving his feet. IANS

OUR BEST FRIENDS

COVID-19: IS MY PET SAFE?

The coronavirus disease (Covid-19) spreads through respiratory droplets, according to health experts. Cats are susceptible to the virus, dogs not so much. And while there are media reports of a couple of infected pets, there is no scientific evidence to show that pets can transmit the disease

Infection: Case studies

Cat (Belgium)
 ■ A pet cat in Belgium reportedly got infected through his keeper, who was also Covid-19 positive. Researchers found the virus in the cat's faeces. It kept vomiting and had breathing difficulties, reports say.

Dogs (Hong Kong)
 ■ Some media reports have suggested that dogs too can be infected. In Hong Kong, a German Shepherd and a mixed breed dog from the same neighbourhood tested positive, according to Hong Kong's Agriculture, Fisheries and Conservation Department.

Animal studies

■ Rhesus macaques, which were infected for a study, showed weight loss, viral replication in nose, pharynx, lung and gut. Some also developed interstitial pneumonia (severe lung disease)
 ■ The efficacy of new drugs and vaccines is tested on animal models
 ■ Improves understanding on which animals are potential reservoirs of the virus

Views of WHO, CDC

The World Health Organisation (WHO) initially stated on its coronavirus myth-buster page that there was no evidence of pet dogs or cats contracting the virus. The statement was, however, missing, probably after dogs were infected by Covid-19 in Hong Kong. The United States' Centers for Disease Control and Prevention (CDC), too said it does not have evidence that pets can spread Covid-19 to people.

Dogs are not as susceptible as cats but can get infected

Ferrets, cats are susceptible to Sars-CoV-2, the virus that causes coronavirus disease (Covid-19)

Rhesus macaques can also get infected, says a study by the Chinese Academy of Medical Sciences

Ducks, chickens and pigs are not susceptible, according to a study from China

Expert's view

"These studies show that the virus does replicate in them. But we can't say yet whether they can transmit the infection to humans because the density of cats is not as high as humans. Also, they have been infected during an experiment. We don't know if they can get infected naturally".

UMA RAMAKRISHNAN, Associate Professor, Senior Fellow, Wellcome Trust, National Centre for Biological Sciences, Bengaluru

WHICH WILD ANIMALS ARE RESERVOIRS OF THE VIRUS?



Pangolins

Bats

Civets*

*possibility. They were a reservoir for SARS

How to keep yourself and your pet safe

- When possible, have another member of your family care for your animals while you are sick
- Avoid contact with your pet including petting, snuggling, being kissed or licked and sharing food
- If you must care for your pet or be around animals while you are sick, wash your hands before and after you interact with them; after handling them, their food, waste, or supplies
- Practise good pet hygiene and clean up properly after handling pets

How humans got infected

- The virus is believed to have jumped from bats (horseshoe bats) to an intermediate host animal which may have passed the infection to humans, according to scientists
- Scientists found SARS-CoV-2-related coronaviruses in Malayan pangolins seized in anti-smuggling operations in southern China
- Coronaviruses, including those related to SARS-CoV-2, are present in many wild mammals in Asia, according to scientists, but they need to be studied further

TO THE RESCUE

Court intervenes, helps man to step out of home and avert major 'cat'astrophe



■ The Kerala High Court allowed a man to step out during the lockdown to buy special biscuits for his cat FOR REPRESENTATION PURPOSE ONLY

Agence France-Presse

NEWDELHI: A court in Kerala said on Tuesday it wanted to avoid 'a CATastrophe' by allowing a man to break a coronavirus lockdown to buy food for his furry felines.

The pun was included in a ruling by Kerala's High Court on a petition brought by N Prakash, a Kochi-based owner of three cats, who said he was denied a pass by police to leave his home. Prakash told the court he was a vegetarian and the cats, as carnivores, couldn't do without a special brand of biscuits.

The lockdown was imposed from March 25 for 21 days, with residents permitted to leave their homes only for essential services such as buying groceries and medicine.

Citing India's animal protection laws and the government's inclusion of animal feed as essential items permitted under the lockdown, the judges ruled in favour of Prakash and said he should be allowed to buy the biscuits.

"We have been called upon to respond to the desperate purrs of three felines," Justices AK Jayasankaran Nambiar wrote in his judgement. "We might observe, in a lighter vein, that while we are happy to have come to the aid of the felines in this case, we are also certain that our directions will help avert a 'CATastrophe' in the petitioner's home."

READING CORNER

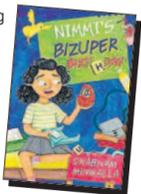
BOOKS TO BEAT BOREDOM

While the first priority for you these days is to stay safe and healthy, it is also important to exercise the body, keep the mind active, bond with family members and enjoy healthy entertainment. Here is a list of books that you can read in the conventional mode or in e-book versions.

Nimmi's Bizuper Birthday

Author: Shabnamu Minwalla

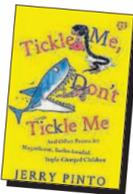
It is an engrossing novel for youngsters written by Shabnam Minwalla, a journalist, food columnist and Chevening scholar. The story begins with Nimmi looking forward to her 12th birthday party when she will also receive her first mobile phone. But she faces some problems. Instead of chocolates, Mrs. Daruwala brings non-chocolate jowar banana bites for Nimmi to distribute in school. Her rival in school, Alisha Dubash, too, is throwing a party. More problems arise when Nimmi's new phone sends weird autocorrected messages to people. Will Nimmi's friends choose to attend her party instead of Alisha's?



Tickle Me, Don't Tickle Me

Author: Jerry Pinto

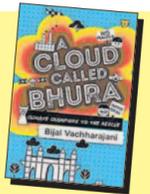
Award-winning author Jerry Pinto has come up with a book that will arouse the interest of children in poetry. It has a long title: Tickle Me, Don't Tickle Me: And Other Poems for Magnificent, Turbo-Loaded, Triple-Charged Children. You will find happy poems, serious poems, poems that sound words of warning, poems that leave you on the floor laughing. There are poems about studious children or those who go swimming with sharks; and there are poems about fat cats lounging on mats, and rats in Bombay flats. The poems are great fun to read when one has free time.



A Cloud Called Bhura

Author: Bijal Vachharajani

It is a work of fiction that deals with the dangers of climate change and how friendship and community support can give us hope in difficult times. It is a thought-provoking, funny and inspiring work by the author. The story is about four friends, a city in need of help and a dangerous cloud. The lead character, Amni, wakes up one morning to find the sky taken over by a huge brown cloud. The city of Mumbai starts reeling from the changes the cloud brings to the weather. Can scientists Vidisha and Bidisha find a solution?



The Teenage Diary

Series featuring: Rani Laxmibai, Razia Sultan, Nur Jahan, Jodhbai and Jahanara.

The books in the Teenage Diary series are fictionalised accounts of the lives of great women in history. For example, the book on Rani Laxmibai is a fictional diary. She writes about her training in horse-riding and sword fighting. At the age of 13, when she is married to Gangadhar Rao, the much older king of Jhansi, she embraces the role of a queen. But when the British start planning to take over the kingdom, she knows she will have to fight.



The Hidden Palace Adventure

Author: Ranjit Lal

It is a book about six teenagers who love to explore Delhi on their all-terrain cycles. One place they frequent is the Delhi ridge, a forest area filled with trees, thorny shrubs and monuments. Meanwhile, the teenagers also get involved in another kind of adventure. Their tutor, Khushboo Didi, is in love with her childhood friend Salim but her family is opposed to this and the children are her only friends. The book reflects the author's wide range of interests.



The above listing was compiled by Speaking Tiger Publishing Pvt. Ltd.

MIND GAMES

SUDOKU

7								
5			2	8				
1	8		4				3	
	3				6			
						2		
	9		1	3			5	
		8	3	4		1		
	5			1				
8			7	9		6		

SCRAMBLE

Solve the four anagrams and move one letter to each square to form four ordinary words

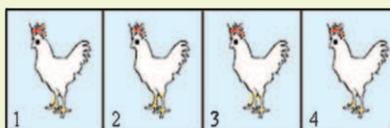
TWAER	*	*	*	*
TUNST	*	*	*	*
DLOTNU	*	*	*	*
GRADED	*	*	*	*

Now arrange the letters marked with an asterisk (*) to form the answer to the riddle or to fill in the missing words as indicated.
 The motto should not be : Forgive one another; rather _one another.
 -Emma Goldman (10)

Answer: The motto should not be: Forgive one another; rather understand the one another. -Emma Goldman

COOPED IN

Use the following clues to find out who lives in which part of the hen coop.



1. Pokey lives in Coop 2.
2. Dokey does not live next to Hokey.
3. Jokey does not live in Coop 4.
4. Hokey lives next to Pokey.

Answer: Hokey lives in Coop 1, Pokey lives in Coop 2, Jokey lives in Coop 3, Dokey lives in Coop 4.
 Amrita Bharati Features

MATHDOKU

4+		10x	7+	6+
5x				
1	7!	2:		3x
		1-	25x	
8x				

Place numbers into the puzzle cells so that each row and column contains each of the digits from 1 to 5. No number is to be repeated in any row or column. Each bold-out lined cells contain a hint of a number and one of the mathematical symbols + x - /. The number is the result of the operation represented by the symbol to the digits contained.

ATTENTION GRABBER



■ A coronavirus-themed vehicle being driven by Sudhakar Yadav, who also created it, takes part in a campaign to raise awareness about the disease in Hyderabad on Wednesday

Solutions

4	2	6	7	5	3	1	8
8	3	5	2	6	1	7	4
2	6	7	8	3	4	5	1
7	2	7	6	1	3	8	4
5	4	6	9	6	7	3	2
1	8	3	4	7	2	5	6
6	1	8	7	4	5	9	3
3	2	4	3	8	1	7	6
8	7	1	9	6	4	5	2

SUDOKU SOLUTION

2	4	3	1	5
3	2	4	5	1
4	5	1	2	3
5	1	2	3	4
1	3	5	4	2

MATHDOKU SOLUTION

SCRAMBLE Solution: Water/tower, stunt, untold, gadder.

Answer: 1. Zebra 2. Tortoise 3. Bird 4. Tiger