



THE TIMES OF INDIA

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TODAY'S EDITION

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STUDENT EDITION

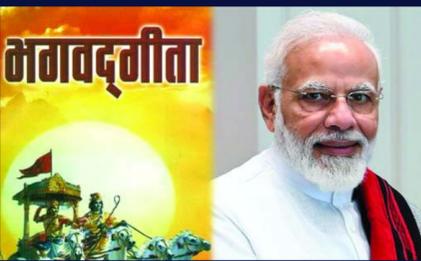
WEDNESDAY, FEBRUARY 17, 2021



WEB EDITION

CLICK HERE: PAGE 1 AND 2

NEW SATELLITE TO CARRY BHAGAVAD GITA, PM MODI'S PHOTO



If reports are to go by, a copy of the Bhagavad Gita, a photograph of Prime Minister Narendra Modi, and the names of 25,000 individuals will be carried to space by the Satish Dhawan Satellite (SDSAT). Slated to be launched at the end of the month by the polar satellite launch vehicle (PSLV), the nanosatellite has been privately developed by SpaceKidz India, an organisation dedicated to encouraging space science among students, and has been named after Prof Satish Dhawan, one of the founding fathers of India's space programme.

- According to reports, it will also carry three scientific payloads. While the first two will study the space radiation and the magnetosphere, the third one will demonstrate a low-power wide-area communication network
- The names of Indian Space Research Organisation (ISRO) chairperson Dr K Sivan and scientific secretary Dr R Umamaheswaran have also been etched on the bottom panel of the satellite

NASA to offer \$500,000, if you figure out how to keep astronauts fed on journey to Mars



Fancy cooking up some tasty treats for the astronauts on interstellar missions? Have you got what it takes to be a space chef? Then this is the challenge for you—the Deep Space Food Challenge. Yes, NASA in collaboration with the Canadian Space Agency is calling for participants to invent new systems and technologies to feed astronauts on their space missions. According to NASA, the winners will be required to cook meals for the astronauts, who will head to Mars. A whopping US\$500,000 will be given to the winners. However, Michelin-starred gastronomes are not allowed to participate in this challenge.

Astronauts require careful diets to keep themselves energised in the far reaches of the universe. Recently, food researchers came up with high-calories chocolate bar to ensure that the astronauts are high on energy, while keeping the weight of the food onboard space low. In fact, for years, NASA has been studying the potential to grow fruit and vegetables in space, to offer healthier options to humans on missions



Representational pic

1 The aim of this new challenge is to find innovative ways of sustaining astronauts travelling to Mars. The interstellar journey to Mars is roughly three years long, and requires its astronauts to remain fit and equipped to deal with the challenges, the new terrain on Mars might pose

2 Apart from feeding the astronauts, the challenge also envisages putting new systems and technologies to use, to cultivate healthy and fresh products in the most-extreme locations of the globe

3 The would-be participants have time till May 28 to sign up, and till July 30 to present their innovative projects. The winners (the top 20 teams) will share half a million dollars, or \$25,000 each. But the prize is only available to the participants in the US. Teams in Canada can take part in a similar initiative to win between CA\$30,000 and \$380,000. International teams can also participate in the competition, although no prize money will be given to them

England dance to 'Patel Rap': Indian spinners demolish England by 317runs to level series 1-1



Axar Patel and Ravichandran Ashwin predictably completed the annihilation of clueless England batsmen, emphatically bringing India back in contention for the World Test Championship final, with a series-levelling 317-run victory in the second Test in Chennai on Tuesday. Debutant Patel made full use of the favourable conditions to bag 5 for 60 in 21 overs, while Ashwin finished with a match-haul of eight wickets, not to forget his classy hundred with the bat, demolishing England for a paltry 164 on the fourth day in pursuit of an impossible 482-run target.

India have risen to second position in the WTC standings, and need to win at least one more, and draw another in the four-match series, to make the cut for the final in June

India to bid for Chess Olympiad, start game's professional league

SPORTS



India will bid for the Chess Olympiad in 2026, All India Chess Federation's (AICF) newly-elected president Sanjay Kapoor has announced. Unveiling the plans to commence a professional league later this year, at a press conference in New Delhi recently, Kapoor said, "We want India to become the chess destination for the world." We have drawn out a detailed plan to achieve this goal, he added.

- India will also host the Women's Grand Prix, which is an important part of the world women's championship cycle, to give a huge boost to the women players in the country
- An AICF-Chess programme in schools will also be initiated to popularise chess at the school level. All the 33 state affiliates will be implementing this simultaneously
- "We want every school-going kid in India to play chess. This will help in developing smarter future generations, thanks to the life-skill benefits that come naturally from the game," said Kapoor

Didn't want to be doing this for years: Viggo on turning down Wolverine role

Oscar-nominated actor Viggo Mortensen has reflected on passing over the role of the fan-favourite mutant Wolverine in the X-Men series, saying that he wasn't ready to commit to playing the same character for years and years. The 62-year-old actor also recalled that his son, Henry, who was around 10 then, had read the script of 2000's 'X-Men', the first in the long-running comic book adaptations, and found it to be "wrong". "The thing that bothered me at the time was just the commitment of endless movies of that same character over and over. I was nervous about that," he added.

- The irony of playing the same character over the years wasn't lost on Mortensen, who later went on to star in the Lord of the Rings trilogy
- Mortensen played Aragorn, one of the main protagonists in the trilogy - 'The Fellowship of the Ring' (2001), 'The Two Towers' (2002), and 'The Return of the King' (2003), based on JRR Tolkien's

MOVIES



Which global body was established by the Marrakesh Agreement in 1994?

- Clue 1: Comprising 164 members, it is headquartered in Geneva, Switzerland.
- Clue 2: Ireland's Peter Sutherland was its first director-general.
- Clue 3: The largest economic organisation in the world, it replaced the General Agreement on Tariffs and Trade.

ANSWER: WORLD TRADE ORGANISATION (WTO). Nigerian economist Ngozi Okonjo-Iweala was appointed the seventh director-general of the multilateral trade body on Monday, making her the first woman and the first African to head the WTO— from Mar 1, 2021 to Aug 31, 2025

Artist uses 400 RUBIK'S cubes to create a Leonardo DiCaprio on portrait

A Tiktok artist's creation of a portrait of the famous Hollywood actor, Leonardo DiCaprio with 400 Rubik's cubes, has astounded the netizens. Alex Ivanchak took to Instagram to display his creativity. "LEONARDO DICAPRIO from 400 Rubik's cubes. You have to watch it till the end," the caption said. Ivanchak also collected and solved each one of the cube and then stacked them up in the form of an artwork. The video has already garnered 1,21,474 views, and counting, on Instagram, till the story was filed.



DiCaprio is not the only celebrity figure, Alex drew with the cubes. He also drew actress Emma Watson, singer Billie Eilish, actors Johnny Depp, Alan Rickman, Daniel Radcliffe, and few Russian celebrities (Timesnow)

UK PM TO HOST VIRTUAL MEETING OF G7 LEADERS

The UK Prime Minister, Boris Johnson, will host a virtual meeting of the G7 leaders on Friday to discuss efforts to ensure an equal distribution of Covid-19 vaccines and prevent future pandemics. Johnson will call for a new global approach to pandemics, drawing on lessons from the divisions that characterised the initial international response to the coronavirus outbreak, according to a press statement released by the 10 Downing Street.

INTERNATIONAL



The G7 leaders' meeting will be attended by the leaders of the UK, Canada, France, Germany, Italy, Japan and the US, and the residents of the European Council and the European Commission, the Downing Street statement said

PM award in one hand, a sapling in another, Prasiddhi is on a green mission



malini.menon@timesgroup.com

Prime Minister Narendra Modi, surprised by the grit and determination of Tamil Nadu's Chengalpattu-based 8-year-old Prasiddhi Singh, tweeted how at the age of 7 (in 2020) she could dream and execute such tall dreams, taller than the thousands of fruit trees she planted with her green thumb at various school grounds and neighbourhoods—with a plan to increase the biodiversity. On winning the Pradhan Mantri Bal Puraskar Award 2021, PM sent kudos to Singh, saying, "May you keep serving Mother Nature and inspire others as well." She has also won accolades as the Youngest Fruit Forest Creator by the India Book of Records 2020. In an interview with Times NIE, Prasiddhi shares with us how she finds Swedish environment Greta Thunberg inspiring and the green goals India needs to achieve fast...



YOU ARE BEING REFERRED TO AS INDIA'S GRETA...

I am glad to be mentioned alongside Greta Thunberg. Our journeys are both similar and different in many ways.

My culture and Indian roots have influenced my journey. I am doing something which is deeply rooted in Indian culture where we have been taught to treat trees and water as God and Earth as our Mother.

Our journeys are similar in a way that we both don't wait for help but initiate actions ourselves! However, it must be mentioned that in developing countries like India, we face a lot more challenges than just a change in law and it is us, as individuals, who have to bring about a change—I want to do all of this as Prasiddhi Singh of India; while I continue drawing inspiration from many revolutionary eco-warriors.

TELL US ABOUT YOUR JOURNEY...

I was only two years old while my curiosity had already peaked about the environment, cleanliness and climate. This was largely because I would join my parents on a lot of marathons that supported some of the environment-related causes. Gradually, as I understood more and more, I wanted to do something noticeable for our planet -

something that will not only make this planet better for our future generations but also urge people to become the movement. Thus, began my journey towards increasing the green cover of the earth by planting trees.



Today, I am 8 years old and I have already created 14 fruit forests in government schools, offices and community areas, planted 14,000+ trees, created community nursery via door-to-door seed and tea dust collection. I have been able to connect with 15,000+ enthusiastic lives via many offline and online awareness sessions on the environment



WHAT MADE YOU COME UP WITH THE G3 PROJECT?

G3 means - Generate your own Oxygen, Grow your own food and Gift the community - something that I learned from Padma Bhushan

HOW DOES PRASIDDHI FOREST FOUNDATION FUNCTION?

While I conduct a lot of online classes on yoga, wellness, DIY recycling, etc., our team has been actively pushing sustainable and eco-friendly products by setting up stalls at various fairs, exhibitions and even corporate events. Various national & international partnerships have also been a great boost in this direction. My army of eco-warriors from across the globe are the front runners of the vision that the Prasiddhi Forest Foundation holds. Thanks to the collective efforts of the entire foundation and the eco-warriors, I was bestowed the Pradhan Mantri Bal Puraskar Award 2021 and the Youngest Fruit Forest Creator by the India Book of Records 2020.

ARE YOU LOOKING AT TIE-UPS WITH SCHOOLS AND COLLEGES?

Yes, our foundation will soon be launching the 'Happy Living through Sustainable Solutions' where we will be partnering with schools, colleges, corporates, social life spaces and many more to multiply the good effect of this work. While conducting the plantation drive at several places



and connecting with students, corporates and young activists alike, I realised that people are not much aware of the importance of biodiversity and the role of trees.

DO YOU THINK CHILDREN CAN PLAY A BIG ROLE IN THIS?

I believe that when children are made to understand these things at a very young age, it gets imbibed as a natural way of doing things. This can happen dramatically well if children have a hands-on curriculum for such activities. For this reason, every school that we go for the plantation drive, we hold workshops for them.

TELL US HOW YOU FELT WHEN YOU WON THE AWARD AND YOUR FUTURE PLAN?

Winning the Pradhan Mantri Bal Puraskar was nothing less than a big dream come true. I feel immensely honoured and determined to keep moving. Many people also joined the cause of Prasiddhi Forest Foundation. Furthermore, the money that I have re-

A small seed of 4mm has the capability to grow as tall as 400 ft and does so much positive for this one big planet. Or a small honey bee has the potential to blossom flowers and fruits; or microorganisms on which the entire life depends

ceived as a part of the award, will make our cause bigger and better. We'll be able to plant more and more trees now and reach our mission of planting 1 lakh trees by 2022. It wouldn't be wrong to say that along with the message of pro-planet and sustainable living, I want to propagate the message of mindful living too among people. With the visibility that the PM award has offered us, I don't see that as a far-fetched dream. Right now, we have already reached out to 15,000+ people. Our aim is to touch 50,000+ lives this year.

DO YOU THINK SCHOOL CHILDREN IN INDIA TOO CAN MAKE A LARGE IM-

PACT ON CLIMATE CHANGE? ACCORDING TO YOU, WHAT NEEDS TO BE DONE?

Undoubtedly. The potential that small children hold, is one that you see today - the Prasiddhi Forest Foundation. Similarly, kids have the determination, passion, and the potential to make things turn around in a much more wonderful way!

WHO IS YOUR ENVIRONMENTAL ICON? WHY?

Environment icon - Jane Goodall and Ameenah Gurib Fokeem (plant scientist and former Mauritius president). Both have used their experience and positions for the utmost benefit of our environment and planet. They truly inspire me and I wish to work like them.

ARE YOU GROWING NATIVE FRUIT TREES TO INCREASE BIODIVERSITY?

Yes, absolutely. We grow a lot of Indian native fruit and medicinal trees like Jackfruit, Amla, Guava, Custard Apple, Mango, Jamun, Arjuna, etc. They are easy to survive since they are the native variety. They grow well in the soil and give us the tastiest fruits.

DO YOU LIKE READING BOOKS ON THE ENVIRONMENT?

Yes, I absolutely do. Along with my practical experience, books like - The Hidden Life of Trees, The Secret network of Nature by German forester & author - Peter Wohlleben are my favourites.

In addition to those, a few books I feel we all must give a read are 'Silent Spring', 'No One Is Too Small To Make a Difference', 'Field Notes From a Catastrophe', and 'The World Without Us'.

YOUR TIPS TO STUDENTS ON QUALITIES NEEDED TO TAKE UP AN ECO-WARRIOR CAUSE AND HOW TO GO ABOUT IT?

- Be mindful of your actions: both that harm the planet and benefit the planet.
- Get into a habit of planting and nurturing trees; it is two-way learning.
- Follow the 4 R's in your life: Reduce, Reduce, Recycle, Reuse.
- Growing native trees helps more biodiversity and supports the fauna - birds, butterflies, squirrels and bees.
- Keep going strong on all four from above.

IF PRASIDDHI WAS TO DESCRIBE HERSELF IN ONE LINE...

The unsettling eco-warrior who wants to bring a greener and happier future for the current and newer generations.

WHAT ARE YOUR HOBBIES?

I enjoy spending my leisure time taking care of my kitchen garden and try different health drinks from what I grow there. I enjoy spending time reading books, doing yoga and cycling with my parents.

HOW DO YOU MANAGE TIME?

Striking a balance between the Prasiddhi Forest Foundation activities and my school isn't difficult. I have a clear boundary between the two wherein I dedicate enough time for both; while ensuring the other activity doesn't get negatively affected. My parents and my teachers have been a great support at both ends and that is what keeps me going very strong.

YOUR FIVE-YEAR PLAN...

1. To see the Prasiddhi Forest Foundation having made bright global impressions, as we take the G3 projects closer to global citizens' hearts.
2. To reach out to 5 lakh+ people and positively influence their lives when it comes to eco-friendly and mindful living.
3. I want to spread moment-to-moment yoga - because it teaches us to be aware of our actions.
4. Influence not just people but corporates to reduce their carbon footprints considerably; and
5. Ensure that the biodiversity in our country starts coming back to normal levels.

Meet the

ALL-NEW SUPERFOODS

SEAWEED

Declared by Waitrose as the superfood of 2021, seaweed is packed with antioxidants, minerals and vitamins. It also contains iodine for thyroid and heart health. It's important not to have too much iodine though, so Sian advises, "Eat seaweed rather than taking supplements." You can make interesting salad with seaweed or stir-fry it.



TRY THIS: Itsu Crispy Seaweed Thins are available online and in a few health shops.

Move over avocado, take a hike kale. These are the immune-boosting goodies rocking our world in 2021. In the past 12 months, around 65% of us have turned to food to build up our immunity, according to a new survey. And 78% now believe it can be used as a medicine. It's no surprise given that some foods protect against cancer, stave off heart disease and boost our immune system - essential for giving us the best possible chance of fending off Covid-19.

WALNUTS

Eating walnuts has been linked with weight loss, as well as improved brain power, heart health and fertility. Rich in fibre, folate and polyphenols, research also indicates they help to improve gut health with enhanced good probiotic bacteria, which boosts our immune system.

TRY THIS: Keep walnuts in the fridge for freshness, and add to salads and yoghurt. Blitz 12 halves with a banana and nut milk for a healthy and tasty smoothie.



PAK CHOI

Despite its well-documented health benefits, not everyone is a fan of bitter kale. Step forward pak choi. Packed with nutrients such as folate (perfect for pre-conception health), iron (for alertness), and anti-inflammatory vitamin C and vitamin A (for healthy eyes), it's a little powerhouse of a vegetable. This one is delicious too.



TRY THIS: Available in supermarkets, the Chinese cabbage tastes great as stir-fries or noodles.

BEETROOT

Beetroot has come a long way since the days when you could only buy it pickled in a jar. These days the humble root veg is more likely to be juiced and drunk daily by top athletes. Hailed for its ability to support the liver - perfect for those of us who like some beverage in the evening - it also lowers blood pressure and increases exercise performance. It protects against cancer too.

TRY THIS: "Blitz them to make sure you're eating the fibre-rich pulp too," says Sian. "Or treat them like any vegetable and roast to enjoy in a meal or grate them."



MUSHROOM

There aren't many foods rich in antiviral vitamin D, the sunshine vitamin, which is why we're all being advised to take supplements during the winter months. Mushrooms are one of the few foods that can really boost your vitamin D levels. But only if they're grown in sunlight. Check the label for 'ultraviolet light' source of vitamin D.

TRY THIS: Mushroom Cups, mushroom-infused coffee that combines organic Peruvian coffee is a must have.

BOOKS: (NYT BESTSELLER LIST)

MIDDLE GRADE HARDCOVER

1. **LITTLE LEGENDS: EXCEPTIONAL MEN IN BLACK HISTORY**
by Vashti Harrison with Kwesi...
Biographies of inspiring and trail-blazing Black men. (Ages 8 to 12)
2. **ROWLEY JEFFERSON'S AWESOME FRIENDLY ADVENTURE**
by Jeff Kinney
Roland and Garg - the Barbarian - embark on a quest... (Ages 8 to 12)
3. **THE ONE AND ONLY BOB**
by Katherine Applegate.
Illustrated by Patricia Castelao
In this sequel, Bob sets out on a dangerous journey. (Ages 8 to 12)
4. **WHEN YOU TRAP A TIGER**
by Tae Keller
Lily makes a deal with a magical tiger to heal her ailing grandmother. (Ages 8 to 12)
5. **DIARY OF AN AWESOME FRIENDLY KID**
by Jeff Kinney
Greg's best friend Rowley Jefferson writes his own diary. (Ages 8 to 12)

The new normal calls for new milestones & benchmarks

How does the shadow side of technology affect the students, teachers and the society at large?

The dark side of Technology remains oblivious to them and many despite being aware ignore it, as it's a source of easy knowledge, exploration and entertainment. They blindly trust all that is there. It also becomes a source of depression as they see glamorous lives of people on social media and wish to emulate the same, unnecessary comparisons crop up and they feel isolated and inadequate. Statistics prove that there is definite increase in crimes as unknown friends are searched from the dark alleys of social media. There is a strong need to inculcate cyber security knowledge more rampantly and universally.

Teachers on the other hand have to tackle the sudden onslaught of technology and have to use it for teaching and learning, along with challenges of managing students online, teaching them on secure /insecure platforms, and checking plagiarized information which students' access are all difficult to handle.

How do teachers constantly keep up with the challenges they face



RASHMI RAJ BISWAL, Principal, DAVPS Pushpanjali Enclave, Pitampura

in day-to-day scenarios in terms of digital classes and academic assistance?

Our teacher's community is really resilient and progressive, their adaptive capability has been proved so well. In order to make this transition to virtual easy, constant communication was the key - guiding them and apprising them timely with new technologies was an important factor, regular workshops and online meets kept the faculty motivated. Providing them resource assistance via the school IT department permitting them time and space to try and learn at their pace and

giving them one on one assistance helped immensely.

There are issues like relationship anxiety or depression etc. that don't come under the purview of the set syllabus, but in recent times when a personal touch is missing and live classes are not possible, how do educators still stay connected to their students and guide them around these issues?

Yes, there is less physical interaction now, but the virtual environment is the new normal since

the classes have shifted online, therefore, counselling interactions like these also have shifted online we have designated life skills periods even as part of the online time table, class VIII- IX have specifically life skills curriculum as well (Awakened Citizens Program by RK Ashram) besides that school counsellors are also available online, where we haven't restricted Students with the timings during the lockdown, many students did contact class teachers/counsellors to share their anxieties - now with gradual re-opening we are offering similar service offline as well and in fact more aggressively as the lockdown has increased its need.

What is that one change that you want to see in the students, society and the nation at large?

One necessary change is reinforcing the idea of importance for values, people need to introspect and go back to their roots and try to instil in themselves some basic ethics and values. If value system is in place, it will take care of all the other peripheral issues there will be an altogether zest to strive for excellence and gradually we can move away from living a life of mediocrity.

Celebrations and merriment

D L DAV Model School, Pitampura organised Aarohan, Manik Jayanti Samaroh on a virtual platform. The guests on the occasion were Prof. Ved Prakash, Former Chairman UGC, Chairman DLDVMS, Anurag Tripathi, IRPS, Secretary, CBSE and Dr Nisha Peshin, Director, PS, DAVCMC. The cultural bonanza included UPASANA - Invocation Song, ABHINANDAN - Welcome song, AARADHANA - Vandana, BALLET - SHUMBH NISHUMBH, TARANG - Folk Dance and Shakespeare's Play - MACBETH. A special bulletin Utkarsh - Aasman ki Unchaivon tak was released by the Guests. Principal Anita Wadehra presented a brief synopsis of the journey of the school. The Annual Report, which highlighted the achievements of the students and the new initiatives taken



by the school, was delivered by senior students of the school. Esteemed Prof. Ved Prakash congratulated the Principal and staff for the notable accomplishments of the school. He emphasized on the need to understand and implement the NEP 2020 for its holistic and futuristic approach to education. Anurag Tripathi spoke on character formation as the most important goal of education. He urged them to inculcate qualities of head and heart to enable them to overcome challenges in life. Dr. Nisha Peshin appreciated the performances of the students in the cultural programme and applauded the efforts of the school in the unprecedented times of Covid 19. Prizes were distributed to meritorious students for outstanding performances in the field of academics, co-curriculars and sports. The function ended with national anthem.

Broadening creative dimensions

Modern Era Convent, Janakpuri, organized LUMINAIRE an Inter-school Competition on the virtual platform. The event provided children an opportunity to exhibit their talent and skills with great enthusiasm and passion even in this phase of the pandemic. Shalmites from classes Pre-School to V participated in various events like - Masti Se Mastishk Tak: Mind Mapping, Not Everyone Has A Story, Effluxion, Rectitude of Life, Kaolin Craft, Fable on the Table and Rare Regalia. Portraying Futuristic Vehicle, Fairy Tale Presentation,



Clay Modelling, Timelapse : Then and Now, Enactment of Corona Warriors were the highlights of the event. All the events were organized live on Google Meet platform. The participants expressed themselves, their creativity and

unbridled imagination and brought alive their emotions and created a palette of colours. Their hardwork, vivacity and brilliance, was displayed fully through their performances. All the participants exhibited great oratorical skills. The participants were judged on the basis of relevance to the theme, props, costume, expression, confidence, originality, creativity, innovation, and overall presentation. All the students were facilitated with E-certificates. The competition presented yet another opportunity for all the participants to showcase and enhance their talent.

Quizzical Affair

Heritage Day quiz was held for the students of Classes IX and XII at Ryan International School, Vasant Kunj. The quiz tested students' knowledge and sense of familiarity with the unique cultures from different states. Five Rounds were conducted.



The final round was Rapid Fire round. All the students were well aware and participated enthusiastically. Though all participants surely gained knowledge but some of them performed better than others. The winners of the quiz for class XII were Yuvika Bishnoi, Ujaan Dhar and Lavanya Sharma. And, the winners of class IX were Khushi Diwan, Vidhaan Gupta and Utkarsh Sharma.

'It's not what you achieve, it's what you overcome'

Panchsheel Public School, Jaitpur organized its first-ever Live Webinar on Career Counselling, which was open for participation by all the parents as well as students of not only PPS but others also. This great initiative was taken by the Chairman Girish Hora and the Director (Academics), Neetu Hora. The students have got a platform to share their worries/queries and clear their doubts. The students' queries were jointly addressed by Indu Chaudhary, Vice Principal and K Madhavi, HOD (English) in this interactive session. The significance of mastery over language was also comprehended to the viewers, who were also apprised that distraction can be handled by Yoga and Meditation, which is a necessity of today's time. The viewers were also



guided as to which stream should be opted after Class 10th by elaborating the appropriate subject selection. Parents were advised not to constrain their children in selection of stream or career options. Liberty of choosing the career as per students' interest and aptitude was discussed in detail to avoid peer pressure among teenagers.

The Chairman Girish Hora congratulated the entire Panchsheel Parivar for achieving one of the biggest milestones by PPS and informed that in the series of career counseling sessions to come, PPS will be inviting experts from different fields where all the queries of viewers will be addressed.

The second Career Counselling Session of Live Webinar was organized where Dr Mandakini Shukla, a renowned Dental Surgeon and Director of HAS-NAA Foundation (an NGO) discussed the various options on "Dentistry and Beyond...". Besides throwing in depth light on various options in the medical line, she cleared the doubts of the viewers and also explained the importance of oral/dental hygiene. Thousands of viewers witnessed this Live Webinar.

Ripples of excellence

Pragati Kumari (VII) of ASN Senior Secondary School won the prestigious award at the All India Class Saathi phiQ School Champ Awards 2020. Pragati has won a Class Saathi phiQ Edu Leap Award by

achieving a remarkable improvement score among Class 7 across India, and has received the certificate acknowledging her accomplishment for her brilliant performance along with a cash prize of Rs 5000. As a token of appreciation she would also get Saathi Plus Solution for FREE for one year.



Acknowledgement and appreciation

The students of Blue Bells Model School proved their ingenuity in the Inter-School Cultural Fest -Euphoria 2021 organized by CMS, Gomti Nagar, Lucknow on a virtual platform.

The school team comprising of Kashish Madan (XI), Shaqun Jain (XI) and Pearl Babbar (XII) created an incredible Business Plan to clinch the coveted Winners Position in Samudramanathan (Business Plan for Self-Reliant India). The team was applauded

for its exemplary coordination, innovation and virtual-stage presentation. In Rang Manch (Theatre Event), Divyanshu Sharma of Class XI bagged the Second Runners Up Position and Anmol Sharma (XI) complimented his school mates and designed a magnificent Book Cover to win the Second Runners Up Position in Alankaran -Book Cover Designing Event. The event saw the enthusiastic participation of more than 100 national and international schools.

Hyderabad beckons

The city of pearls, Hyderabad. This city is unlike any other, filled with unique sights and smells at every corner and ancient palaces and mansions still maintained to their shining glory. On our arrival, we made our way to Paradise Biryani, one of the best biryani restaurants in India, to savour their delectable and authentic Hyderabadi biryani for lunch which definitely lived up to its name. Then, we headed to the Salar Jung Museum. The highlight of the museum is the Musical Clock for which huge crowds gather to watch it in motion. At night, we visited one of Hyderabad's largest attractions, the Golconda fort. We witnessed the spectacular light show which took us through a journey of the fort's past. The next day was full of palaces and Nizami grandeur. Our first stop was the Chowmahalla Palace which comprised four different palaces in itself. Following this, we visited The Nizam's Museum. During the evening, we made our way to Charminar, the elegant four spire structure which is central to Hyderabad's tourism. We saw bangles of every shape and size, but every shop had one thing in common, bangles made with pearls, rightly



so for Hyderabad is also known as the City of Pearls. At night we watched the 3D light show at Hussain Sagar Lake and took a ferry trip around the lake. The next day was probably the most exciting as we visited the world-famous Ramoji Film City. We saw the film sets of movies like Bahubali and got to see many studios. Our last stop on this trip was NTR Gardens which was beautifully maintained and even had a train ride! If you are looking to explore the past and enjoy the present, then look no further for Hyderabad is where you'll want to go!

Samyuktta Sivakumar, Former Star Correspondent

MY SCHOOL, MY HOME

School is a kind of a tiny world, which gives us all the experiences, the good, better and the best

Global pandemic abruptly brought the world to stand still, including the educational system. This pushed us to innovate newer ways of learning and doing things. This has fast forwarded the evolution of digital/online education. Digital education is cost effective, has a greater reach. This has provided easy and anytime access to content. This promotes self learning and provides the convenience of self paced learning. Interactive videos, simulations and virtual instructor led classes can compliment the various learning

styles of people like auditory, visual, kinesthetic. All in all with digital, learning can be customized to the needs and requirement of the learner and can be administered anytime, anywhere. E-learning is an effective way to study. It helps us to understand things easily, we can get a good quality of education sitting at our homes. It saves our time and money of travelling. It has a flexible schedule. It eliminates boundaries and barriers for students that cannot go out due to some serious reasons. Online learning also improves our technical skills and we can learn to handle various systems and programs. Taking online courses also force you to up your game when it comes to virtual and written communication skills.



Angalina Pandey, class IX, NES High School



ENGLAND HAMMERED

Here's a quick look at some of the big factors that contributed to India's win in the second Test

Axar Patel grabbed maiden five-for on debut



Photo: ANI

1 ASHWIN, THE HERO OF THE MATCH

R Ashwin, in front of his home audience, surpassed the likes of Gary Sobers and Jacques Kallis to become the second most successful all-rounder in a Test match, behind Ian Botham, in terms of exemplary performance with both bat and ball. Ashwin has now on three occasions scored a ton and taken five wickets in a Test. Botham had done it on five occasions. After taking a fiver in the first innings to bundle out England for 134, Ashwin hammered his fifth Test ton in India's second innings, silencing the critics of the Chepauk pitch, who felt the track was just not possible to bat on. The 34-year-old then took three wickets in England's second innings. The all-rounder was rightfully adjudged Man of the Match for his scintillating ton and the 8-wicket haul in the Test.

2 ROHIT SHARMA'S BIG IMPACT AT THE TOP

O ne of the biggest positives for India that came out of this match was opener Rohit Sharma finding form again. After a not very impressive outing in Australia, where his top score was 52 (129 runs in 4 innings) and scores of 6 and 12 in the first Test vs England in this series, Rohit put on an absolute batting masterclass at the top of the order. He dealt with both pace and spin with efficient ease on a difficult track, scoring a big 161, before falling to Jack Leach. With Shubman Gill falling for a duck, Rohit's big knock at the top played a big role in ensuring that India took full advantage of winning the toss and put on a good first innings score on the board. Virat Kohli, Ajinkya Rahane and Rishabh Pant also made crucial contributions with the bat.

INDIA MOVE TO 2ND SPOT IN WORLD TEST CHAMPIONSHIP POINTS

► After recording their biggest Test win against England, India moved to the second spot on the ICC World Test Championship points table. India are now behind only New Zealand, who have already qualified for the final. India have 460 points and a PCT of 69.7 while England have slipped to the fourth spot on the table.

► India will have to win at least one more game of the remaining two in the ongoing series, second after New Zealand, to qualify for World Test Championship final. The final of the showpiece event will be played at the iconic Lord's Cricket Ground later this year.

“We were on the money this game in terms of body language and what we wanted to do on the field. The crowd makes a massive difference and you push more as a team when the fans are behind you. This game is an example of the grit and determination we've shown, and fans' support is a big part of that.”

I don't think toss would've mattered much on this pitch. We believed we could score in the second innings and got almost 300.

VIRAT KOHLI, India captain

3 AXAR PATEL MAKES A DEBUT TO REMEMBER

P atel became the 9th Indian player to take a five-wicket haul on Test debut and only the second left-arm spinner after Dilip Doshi to take a five-for on debut. After the third day's play, he pointed the way for bowlers on this surface that turned from the first session itself. “You are getting help from this wicket. So you don't have to do much. You don't need variations. This is what I am doing. I try to bowl in the right places and the wicket takes care of the rest,” said Patel, adding, “I know accuracy is my strength. It helps a lot. You just have to bowl as accurately as possible.” The 27-year-old took 2 wickets in the first innings and five-for in the second (5/60). All 10 wickets in the second innings fell to spin. Axar dismissed Dom Sibley, nightwatchman Jack Leach, Joe Root, Ollie Pope and Olly Stone.

4 ENGLAND TOP ORDER HAD ZERO IMPACT

T he English batsmen, especially the top order, had no answers to the Indian spinners. In their first innings (134 all out), their top 5 batsmen combined made 49 runs. Wicket-keeper batsman Ben Foakes, who batted at number 7, was the top scorer in their first innings with 42. In their second innings, the top five batsmen combined made 87 runs. In this innings, Moeen Ali, who came out to bat at number 9, was the top scorer, with 43. Joe Root, who has been in phenomenal form could score a total of 89 runs (6 & 33). Also, England really missed James Anderson. Though this Chepauk track was a spinners' paradise, England did miss the services of their all time leading Test wicket taker James Anderson.

QUIZ TIME!

Q1: Other than Sachin Tendulkar, who is the only player to have scored 14000 ODI runs?

- a) Brian Lara b) Ricky Ponting
c) Sanath Jayasuriya d) Kumar Sangakkara

Q2: After Muttiah Muralitharan, which player has taken the fastest 500 Test wickets?

- a) Courtney Walsh b) Anil Kumble
c) Shane Warne d) Glenn McGrath

Q3: Who holds the record of most UEFA European Championship tournament appearances as a captain?

- a) Gianluigi Buffon b) Andrea Pirlo
c) Giorgio Chiellini d) Iker Casillas

Q4: Which player has played most matches as captain in Test, ODI and T20I combined?

- a) Graeme Smith b) Stephen Fleming
c) Ricky Ponting d) MS Dhoni

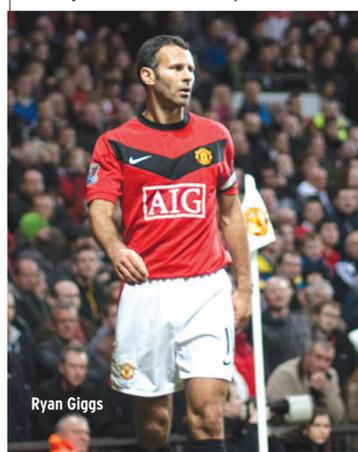
Q5: Which of the following basketball players holds NBA most assists by an individual in a season record?

- a) Magic Johnson b) John Stockton
c) Michael Jordan d) Karl Malone

Q6: Ryan Giggs became the goalscorer in 2012. Against which

country did he score the goal?

- a) England b) Germany



Ryan Giggs

- c) United Arab Emirates d) Argentina

Q7: Which player has won most Test, ODI and T20I combined?

- a) Sachin Tendulkar b) Jacques Kallis
c) Virat Kohli d) Sanath Jayasuriya

Q8: Who holds the record for second-most ODI wickets in Asia Cup?

- a) Chaminda Vaas b) Lasith Malinga
c) Saeed Ajmal d) Ajantha Mendis

Q9: After Glenn McGrath, who has taken most wickets in ICC Men's World Cup?

- a) Muttiah Muralitharan b) Wasim Akram
c) Mitchell Starc d) Lasith Malinga

Q10: Who is the first individual to record 20,000 points, 8,000 assists and 2,000 steals in an NBA career?

- a) Karl Malone b) Michael Jordan
c) Shawn Kemp d) Gary Payton

Q11: Who holds the record for most goals scored in the UEFA Women's Champions League?

- a) Alex Morgan b) Ada Hegerberg
c) Anja Mittag d) Sara Däbritz

ANSWERS: 1 d) Kumar Sangakkara
2 b) Anil Kumble 3 a) Gianluigi Buffon
4 d) MS Dhoni 5 b) John Stockton
6 c) United Arab Emirates 7 a) Sachin Tendulkar
8 b) Lasith Malinga 9 a) Muttiah Muralitharan
10 d) Gary Payton 11 b) Ada Hegerberg