



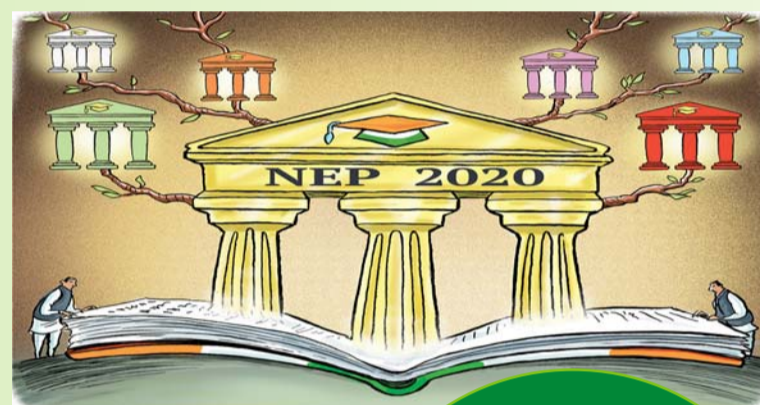
# THE TIMES OF INDIA

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STUDENT EDITION  
THURSDAY, JULY 29, 2021

CLICK HERE: PAGE 1 AND 2

## National Education Policy (NEP)



**1** The NEP approved by the Union Cabinet in 2020 replaced the 34-year-old National Policy on Education framed in 1986, and is aimed at paving the way for transformational reforms in school and higher education systems.

**2** Teaching up to class V in mother tongue or a regional language, lowering the stakes of board exams, a single regulator for higher education institutions except for law and medical colleges and common entrance tests for universities are part of the reforms in the NEP.

**3** Replacing the 10+2 structure of school curricula with a

Prime Minister Narendra Modi will address the nation on July 29 on the completion of one year of "transformative reforms" under the National educational policy

5+3+3+4 curricular structure corresponding to age groups 3-8, 8-11, 11-14 and 14-18 years respectively, scrapping M.Phil programmes, and implementing common norms for private and public higher education institutions are among the other salient features of the new policy.

EDUCATORS SHARE THEIR VIEWS ON THE ROAD AHEAD  
PAGE 2

## THIS DAY THAT YEAR

JULY 29

International TIGER DAY



Global Tiger Day or the International Tiger Day is celebrated every year on July 29 to raise awareness about the endangered big cat. The day was founded in 2010, when 13 tiger range countries came together to create Tx2, the global goal to double the number of wild tigers by the year 2022. This year's slogan/theme is "their survival is in our hands"...

### FOR THE RECORD

According to the World Wildlife Fund (WWF), globally there are only 3,900 tigers left. 95% of the tiger population got extinct in the activities like poaching from the beginning of the 20th century



**DID YOU KNOW?** They are also called the 'Umbrella Species', as their conservation also conserves many other species in the same habitat

### 1. What a group of tigers referred to as?

- a) An ambush of tigers
- b) A growl of tigers
- c) A herd of tigers

### other animals

- b) Tigers are known to roar before they attack
- c) Tigers mate all through the year

**2) Tigers are known to exhibit some amazing traits that make it very different from its cousins like the lion, puma and other big cats. Which of the following is true?**

- a) Tigers can imitate the call of

**3) How loud is a tiger's roar. How far can the roar be heard?**

- a) Three kilometres
- b) Four kilometres
- c) Five kilometres



### ANSWERS

1. Answer: c, 2. Answer: a, 3. Answer: a

## IN OTHER NEWS

### Covid vaccination for adolescents may begin in August: Health ministry

The government is likely to start vaccinating adolescents between the ages of 12 and 18 against Covid-19 by next month. Union health minister Mansukh Mandaviya said in a BJP parliamentary party meeting on Tuesday. Trials for Bharat Biotech's Covaxin on adolescents are underway and results are expected to be released by September. Zydus Cadila has also included the data for children for their vaccine ZyCoV-D. Additionally, if the Pfizer vaccine also receives approval from the Centre, it could also be option.



CORONA UPDATE

### Harappan-era city Dholavira inscribed on UNESCO World Heritage List



Dholavira, a Harappan-era metropolis in Gujarat, has been inscribed on the UNESCO World Heritage List, the organisation said on Tuesday.

Gujarat so far has three world heritage sites – Champaner near Pavagadh, Rani ki Vav in Patan and the historic city of Ahmedabad



### Basavaraj Bommai sworn-in as 30th chief minister of Karnataka

Basavaraj Bommai, a senior BJP leader was sworn-in as the 30th chief minister of Karnataka by governor Thaaawarchand Gehlot at Raj Bhavan on Wednesday. After taking charge, he announced a slew of measures to reach out to people, including a scholarship programme for children of agriculturists, on Wednesday at a cost of ₹1,000 crore.



POLITICS

## Are you aware of solastalgia and doomism?

Rising temperatures have not only boosted the intensity or frequency of major storms and heatwaves, they have spawned rare or novel weather phenomena, accompanied by new more-or-less scientific names. 'Firenado's, for example, occur when searing heat and turbulent winds rise above out-of-control forest fires in tornado-like columns. Similarly, the fire-induced, smoke-infused 'pyrocumulonimbus' clouds darkened Australian skies during the Black Summer of 2019-2020; or 'urban heat islands' in big cities run a couple degrees Celsius hotter than surrounding areas.



### HOW DO HUMANS REACT TO ALL THESE GRIM TIDINGS?

Some slip into 'doomism', the understandable but useless idea that the 'Earth system', now a branch of science, is in a terminal nose dive. Others are suffering from a mental state known as 'solastalgia', which combines melancholy, grief and nostalgia for a world that seems to be slipping from our grasp. At the other extreme, the 'Greta effect' has given rise to a generation of uncompromising climate warriors inspired by the young Swedish activist, and known in Italy as Greta.



Deepika Kumari enters pre-quarter finals of archery individual event



Debutant boxer Pooja Rani enters quarterfinals

## WHAT

Post lockdown due to coronavirus, many people are reportedly feeling anxious about leaving their homes. Called the Cave Syndrome, it is the fear of returning back to lives just like pre-Covid days, despite being fully-vaccinated, according to psychologists.

## CAVE SYNDROME



TRENDING

## WHY

According to experts, this condition may be due to the experience people have had while dealing with Covid-19, which has perhaps made them overestimate the risk and probability of harm that might come their way. It may be a result of a disconnect between people's risk appetite towards getting infected versus the chances of them being isolated and lonely.

TODAY'S EDITION



Check out some easy DIY home projects that will make your favourite corner of your home cosier

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## TOKYO TALES



Sindhu makes it to knockout round

Rio Olympics silver-medallist in badminton, PV Sindhu entered the women's singles Round of 16 at the Tokyo Olympic Games on Wednesday, overcoming world No. 34 Cheung Ngan Yi of Hong Kong 21-9, 21-16 in her final Group J tie. Sindhu's better court coverage and her use of the angles was the key to her victory against the 28-year old Cheung, who lost her sixth consecutive career match to the tall Indian shuttler.

More on Page 4

# 'NEP IS GUIDING PHILOSOPHY FOR CHANGING LEARNING LANDSCAPE'

says education minister Dharmendra Pradhan

As Prime Minister Narendra Modi addresses the nation on completion of one year of the new National Education Policy (NEP) 2020, Times NIE takes a look at how since last year to this year, the dynamics of education is evolving as per NEP guidelines. Union Education Minister Dharmendra Pradhan tweeted recently, "The NEP, 2020 is a guiding philosophy for changing the learning landscape, making education holistic and for building strong foundations for an Aatmanirbhar Bharat."

While last year was about the NEP announcement and its gradual roll out, now there will be analysis about the progress made so far on implementation of the policy and roadmap for projects in the pipeline.

## PROGRESS IS STEP BY STEP AND IS SURELY BEING MADE

Dr Vasudha Kamat, member NEP Draft Committee, tells Sugandha Indulkar that the policy document is only 66 pages, but it expects many transformational actions on the part of the planners, especially Central and State governments

Has the NEP been implemented in schools? Are you happy with the roll out or could schools have done better?

NEP is being implemented in schools across India. The steps are gradual and the progress is steady. One cannot expect a total transformation within just one year, when one has to reach out to lakhs of schools across India. There are steps of implementation. First things first, NCF will be ready and more importantly National Curricular



DR VASUDHA KAMAT is the chairperson, governing board, consortium of educational communication (CEC), inter-university centre of UGC

The NEP is aimed at paving the way for transformational reforms in school and higher education systems. On NEP's first anniversary, educators across the country tell us about its implementation in their institution, the positives of the new reform and its challenges...



## Higher education reforms outlined in the new NEP

1. Choice between three or four year undergraduate courses
2. Multiple entry and exit options in degree courses
3. Adding 3.5 crore seats in higher education institutions, which will now have a single regulator
4. Discontinuation of MPhil programmes
5. Fixation of fees

and Pedagogical Framework for Early Childhood Education (NCFECE) will be developed by NCERT.

National Initiative for Proficiency in Reading with Understanding and Numeracy (NIPUN Bharat) is getting ready. NEP has also suggested 4-year Integrated B. Ed. programme. So NCTE will be developing

new NCFTE. Then Teacher education curriculum will be designed and developed.

First task was to make all stakeholders aware about the NEP (both from School education as well as Higher Education). Though the policy document is only 66 pages, it expects many transformational actions on the part of the planners, especially Central and State governments. So, I would say that progress is step by step and is surely being made. All these steps will lead to better future for education in India.

Has the pandemic impacted the NEP and its implementation? Do you think the time is opportune to introduce a new education policy?

Pandemic has very strongly underlined the need for transformation in our education system, integration of technology, a 360-degree approach towards the process of learning (curriculum, pedagogy, assessment, and more importantly knowledge creation both for the benefit of self as well as society).

NEP aims to make education more effective and enjoyable both for the student and teacher.

## EDUCATORS SPEAK



We have welcomed NEP in our school; focus on conceptual learning and stress-free assessment strategies has been laid. The learning outcomes are aimed at meeting the same via storytelling, gamification, etc. PALLAVI SHARMA, principal, Mamta Modern School, Delhi



We have started implementing a multilingual classroom approach at the foundational stages. We are also providing vocational courses on a weekly basis to help students cope with a changing world. KAJAL CHHATIJA, executive director, Gayatri Group of Schools

The age criteria as per NEP is the 5 years foundation stage for pre-school, which is good for kids' educational grooming. Secondly, the focus is on experiential learning and not on rote learning. The best aspect comes from the subject selection for classes 11 and 12 where students have the freedom to choose from any stream. DR JAWAID ALAM KHAN, educationist, Lucknow



We have already rolled out NEP in our school. Level one implementation has been done at pre-primary and primary level. The pedagogical plan is catering to all aspects of experiential learning and integration of art, values, and concepts. As per NEP's guidelines aspects like numeracy, reading, communication, etc. are integrated into the system. NAMITA SHARMA, principal, Queen's Valley School, Delhi



Overall, it is a good policy and was really needed for the new generation. NEP will play an important role in creating good human resources who will be equipped with content knowledge, intellect, skills and values to face future challenges. With online classes and new techniques of teaching, a new policy system was the need of the hour. SHAILJA CHANDAR, ex headmistress, New Delhi



Our school has always been very progressive in its approach. We use different digital tools to make the classes cognitive, interactive, creative, enjoyable. Now we have integrated art education with a configured curriculum and pedagogy for the developmental needs of students. ATATI BHATTACHARYA, secretary general, Shikshayatan Foundation, Kolkata



NEP is progressive as it includes pre-school education into the main education structure. It will bring an enormous amount of flexibility and practicality in the system and a sense of innovation. NEP will, however, take around two years of time to be properly implemented. PADMA KUMAR, principal, SGVP School, Ahmedabad



NEP was introduced last year and launched formally this year for UGC to class XII. We teach sports integrated, arts integrated and ICT (life) skills to all. The curriculum transaction is through storytelling, experiential and activity-based pedagogy. The response is good as children are enjoying this form of learning with teachers as facilitators. PRATHIBHA V, principal, Chinmaya Vidyalaya, Vaduthala, Ernakulam



-Times NIE centres

## Mind over matter

# Doomscrolling affects your mental health!

The coronavirus pandemic has deeply impacted all aspects of our lives. One such effect is doom scrolling or doom surfing. What exactly does the term mean? Let's find out



Wellness

### What is doom scrolling?

The excessive use of screen while scrolling through predominantly negative news is called doom surfing/scrolling. It's common to find yourself swiping past page after page searching for more details about a disturbing or negative news piece.

Most of us can't stay away from constantly reading/watching news related to the pandemic and the crises people are going through. We keep checking dif-

ferent websites and news channels to get new pieces of information. You will be surprised to know that the phenomenon is nothing new. Our tendency towards negative bias inclines us to scan for negative news more as compared to positive news. But we all know that this is not good for our mental health. Here are few ways to reduce this habit and stay stress free.

### Limit the time spent on social media

Smartphones have a feature where they can keep a record of the time you spend on each app. Keep track of this so that you are not lured into continuous use. Try to avoid scrolling before going to bed and right after waking up. The best way to do this is by keeping the phone away from your bed.

### Keep track of your health

Regular exercising helps release neurotransmitters that have a feel-good effect. Yoga and meditation also help in de-stressing. Eat a healthy and balanced diet and avoid munching on sugar and salt laden junk foods while scrolling through your phone.

### Practice mindfulness

Be mindful of any task that you are doing. Whether you are reading, writing or working out, you must pay full attention to the same. Make sure the news source you are reading from is genuine. Inculcate the habit of reading positive news, too, and share the same with your friends and family.

### Try the STOP technique

If you are unable to control the scrolling, you can try the STOP technique. If you feel you have exceeded the screen time and are unable to control your fingers, say STOP loudly and give yourself a physical stimulus at the same time, which can be a tap on the hand. When you do this repeatedly, your brain will get trained that it's time to stop the current activity. <sup>TMW</sup>



Positive parenting

# 3 WAYS TO HELP SHY CHILDREN OPEN UP

Does your child find it hard to make friends or be a part of a group? Here are a few tips you can try to help them come out of their cocoon

### LEAD BY EXAMPLE

1 Children learn to interact by mimicking what their parents do, so be conscious of how you behave when your child is around. Take time to explain to them what good and bad examples of behaviour. And walk the talk.

### ROLE PLAY

2 Repetition is the mother of learning. Practise different situations with your child and come up with topics that they find interesting and like to talk about. Remember, the more you do it, the easier it will get.

### APPLAUD THEIR SUCCESS

3 It's very important to encourage your child, even if the progress is slow. By giving them praise when they have achieved something, however small, you will give them the confidence to continue and tackle more difficult and complicated situations. <sup>DAILY MIRROR</sup>

# Travel time with Pets!

Almost everyone is now coming out of the lockdown mode and meeting others and travelling with safety measures. If you are a pet parent, you may want to take along your pet too for your much-awaited holiday. Do that but with care and proper planning



Pets corner

### TIPS FOR TRAVELLING WITH PETS

- Find an activity your pet enjoys, don't force them
- Keep your pet hydrated
- Carry along kibble for when your pet is hungry
- Keep a blanket handy for your pet to snooze on

### Fun activities you can do with your pet while holidaying

Car rides, spa sessions, swimming (in private pool - Covid-19 is still around!), kayak or boat rides, trekking

## QUIZ TIME (CURRENT AFFAIRS)



Q.1) Who was awarded the Lifetime Achievement Award on the 114th Rotary Day celebration of Vijayawada?

- A. Nori Dattatreyyudu  
B. Gopichand  
C. Balamuralikrishna  
D. Balagangadhara Rao

Q.2) Where did the defence ministry approve the acquisition of more than 100 heavyweight torpedoes?

- A. Hyderabad B. Chennai  
C. Mumbai D. Delhi

Q.3) SpaceX launched Israel's first moon lander, 'Beresheet', from

- A. Navdeep Singh Suri  
B. Suryakant  
C. Atmaram  
D. Vir Singh

Florida. Its total weight is \_\_\_\_.

- A. 300 kg B. 585 kg  
C. 600 kg D. 100 kg

Q.4) The 2019 edition of Medical Fair India (MFI) was held in

\_\_\_\_\_.

- A. Mumbai  
B. Kolkata  
C. New Delhi  
D. Bangalore

Q.5) Who published the English translation of the poem 'Khooni Vaisakhi' by Nanak Singh on the Jallianwala Bagh tragedy?

- A. Navdeep Singh Suri  
B. Suryakant  
C. Atmaram  
D. Vir Singh

### ANSWERS

1. A) Nori Dattatreyyudu 2. C) Mumbai 3. B) 585 kg  
4. C) New Delhi 5. A) Navdeep Singh Suri

# Happiness in a nutshell

It is said that, 'When life gives you lemons, make lemonade!' and lockdown truly proved that. Sam was living a considerably happy life when a devastating pandemic shook his life boat. He and his sister, Susharna were hill residents and always quarrelling with one another until the lockdown began.



Walking down the staircase of his house, Sam shouted, "Hey! You, little monster! How dare you touch my toys? I have told you so many times, not to touch them."

"Hello! It's my choice to play with any of those and whom did you call the monster?" said Diya angrily. Hearing the reply, Sam went closer to Diya and began to pull her hair and in response she gave him a strong kick. They both then began to hit each other when their mother interrupted the fight and scolded them. "You'll get to know each other's value one day, I bet," said mother, pulling both of them apart and locking them in different rooms. "Huh, who would want a monster sister? There's so much to do here in this world. I

don't want a sister. I am happy with my friends," said Sam. "Neither would I be willing to have a disastrous brother," said Diya agreeing to what Sam said for the first time. Both of them were everyday unwilling to go to school. It was a big deal to convince them for going to school. "Ugh, that boring school again....," yelled both the siblings. "Get ready soon, you two. Your school bus is about to reach," said their father. "I can't, daddy. I have stomach ache," said Sam holding his stomach. "Oh no! I was planning to get you some muffins on the way," said their father cun-

ningly. "Ah! It's not so severe, though. I'll manage to go," said Sam forgetting his made up excuse.

"Haha! Don't try to act smart with me. I know you very well," said his father. Dragging them both to the car, their father drove them to the school. This was their normal daily routine.

Days passed by and their hatred for both each other and school too increased. But then, suddenly their world shook when the headlines read, "The Prime minister has imposed a nation-wide lockdown to control the ris-

ing corona cases. "Wow.. Yeah...No school, no homework, no study...just enjoying!" screamed the siblings.

One day, while the parents were busy with their work, Sam went to Diya and sweetly asked, "Hey! Would you like to play along with me?" "Play with you? I hope you are okay, brother," said Diya tauntingly. Sam gave a little giggle and then the two went together to play.

"Woah! What a shot, Diya you must try in our school cricket team," said Sam. "Yeah! After all I am your sister," she replied. Their parents saw them playing together and we're astonished. The always quarrelling siblings, were today playing together happily. At the dinner table that day, their father asked them, "Kids, how was your day? Was there any infighting?" "No Dad, not at all. Rather we enjoyed a lot together."



VENYA MEHTA, class X, Dav School, Sreshtha Vihar

## Mamta Modern observes biological diversity day

Mamta Modern Sr Sec School, Vikas Puri recently celebrated international day for Biological Diversity under the theme of the slogan, "We're part of the solution for nature."



Special assembly was conducted by students of classes XI and XII on this day.

Through this assembly they motivated everyone to be part of environment and how they can conserve diversity at individual level.

During the pandemic the students have started plantation drive from their homes by growing many different species in f plants at home. In this assembly they presented motivational videos reflecting biodiversity and its conservation.

## Luminaire-2021 at Modern Era

Modern Era Convent always believes in bringing out the best in the students. Thus, school organised an online inter class competition 'Luminaire-2021' for classes III to V in June.

The competition was aimed to hone the intrinsic and latent abilities of the pupils. The competition was divided into three categories wherein the participation of the whole class was mandatory. The contest commenced with the activity 'Spectacular Homeland'.

Students presented themselves as states and union territories of In-

dia. The students of grade IV participated in the activity named 'Idiom Narrative'. In which the young, enthusiastic storytellers armed with their props came forth with wonderful tales.



The little story tellers won everyone's heart and were applauded. 'Little Einstein' was the activity for the budding scientists of grade IV. A variety of experiments highlighting science in daily life were demonstrated. Science is all about exploration and discovery and this activity served the purtificates in an online result declaration event.

## Amid Pandemic, ICSE, ISC students pass with flying colours

### 10TH RESULTS

<b>LT ATUL KATARYA MEMORIAL SCHOOL, GURGAON</b> Kanishka (99%) Shaurya Anant (99%)	<b>MODERN ACADEMY, INDIRAPURAM</b> Hardik Singh (98.2%)
<b>THE SHRIRAM MILLENNIUM SCHOOL, NOIDA</b> Akshaya Pai (98.2%) Kavin Bahl (98.2%)	<b>SCOTTISH HIGH SCHOOL, GURGAON</b> Debyani Kishore (99.6%)

### 12TH RESULTS

<b>LORD JESUS PUBLIC SCHOOL, GURGAON</b> Bhavya (Commerce) (96.2%) Naina Uttam, (Medical) (97.4%) Riya Kapoor (Humanities) (97.4%) Tanvi (Commerce) (96.2%)	<b>SCOTTISH HIGH SCHOOL, GURGAON</b> Anshita Gaur (Commerce) (99.5%) Arnaaz Kaur (Humanities) (97.75%) Panav Dua (Humanities) (99.75%)	<b>MODERN ACADEMY, INDIRAPURAM</b> Devan Vikram Singh (Commerce) (93%)
<b>THE SHRIRAM MILLENNIUM SCHOOL, NOIDA</b> Nandini Misra (Humanities) (97%) Ria Gupta (Humanities) (91.8%) Vikramaditya Singh, (Science) (92%)		

## student corner

**KRISH TUTEJA,**  
class V E, Rukmini Devi Public School

**GAURANGI DAYAL,**  
class XII B, Doon Public School, B-2, Paschim Vihar

**ANSHI JINDAL,** class VIII E,  
St Mark's School, Meera Bagh

## DO IT YOURSELF

Although the lockdown confined us within our homes and caused our daily uniform to morph into an endless stream of pajamas along with the infamous formal shirt and sweatpants outfit for zoom meetings. It also saw a new wave of creativity in the fashion world. The internet saw a sudden wave of people stitching, embroidering and creating sustainable and fashionable pieces from what they owned at home. This creativity inspired me to paint the pair of denim shorts I owned and had not worn in a while. The activity was fulfilling and helped me spruce up the shorts, teaching me that fashion and creativity doesn't have to entail spending any money whatsoever. I used fabric paints and brushes to paint daisies, but the possibilities are truly endless. I hope my DIY story inspires others to express their creativity sustainably as well.

**PIUSHI AJWANI,** class XI,  
Jamnabai Narsee School, Mumbai

## FILM REVIEW: THE SOCIAL DILEMMA

**S**ocial Media: We all know what it is. But do we know how it works? How dangerous it is? That's right, we don't. Nowadays, mostly everyone, especially teenagers, are on Instagram, snapchat and Facebook. We share photos and stories for everyone to see. But what we don't realise that all social networking platforms like these are very dangerous.

This movie puts limelight on the things we miss while using social media. This documentary keeps you engrossed throughout the movie and makes you aware of how social media really is. It will show you how a social media algorithm powered by artificial intelligence may work.

I know, you will say 'Documentaries are so boring'. But I assure you that 'The Social Dilemma' is by far one of the most interesting documentaries. It will make you see social media in a completely different way.

The main aim of the movie is to make the people aware about social media so that they are aware and more careful about the things they want to share on these platforms.

**RADHIKA CHOPRA,** class IX, Fr Agnel Multipurpose School, Mumbai

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# PV SINDHU ENTERS ROUND OF 16

Olympic silver-medallist eased into the knockout stage with a convincing victory against Cheung Ngan Yi of Hong Kong 21-9, 21-16 in her last Group J encounter at the Tokyo Olympics on Wednesday

**S**indhu's victory against world No. 34 Cheung was never in doubt as the Indian defeated her five times before this match. As expected the world champion dominated the Hong Kong girl in the first game. However, in the second Cheung played well and troubled the Indian in the first part of the game. From 2-6, Cheung won five straight points to move to 7-6 and even went into the break with a one point lead at 11-10. But from 14-14, Sindhu changed the gears and won six straight points to move to 20-14. Sindhu will now face Mia Blichfeldt of Denmark in the round of 16 match. Blichfeldt drubbed Linda Zetchiri of Bulgaria 21-10, 21-3 in her last Group I match.

ahead of the tough matches. "I found my rhythm from the second game and I finished it off. It was a fast game and I made a couple of unforced errors. I changed my tactics and got things under control. This type of test is important before a big match," Sindhu told the BWF website. Sindhu said that the match against Blichfeldt will not be easy. "It's not going to be an easy game. I need to recover well

win-loss record against Blichfeldt. The only victory for the Dane came this January at the Thailand Open. During that period, Sindhu was not in good shape. But the Indian exacted revenge at the Swiss Open in March when she ousted Blichfeldt in straight games 22-20, 21-10. On the wind conditions at the stadium, Sindhu said, "Can't complain much about it because it's the same for every player. You

**I made a couple of unforced errors but I managed to find my rhythm. This type of test is important before a big match. I need to recover well and come back stronger**

#### PV SINDHU

and come back stronger. I've played her a couple of times, every point is going to be important. She's an aggressive player so I need to be aggressive as well," Sindhu told BWF.

#### Wind conditions

The world No.7 enjoys a 4-1

#### Tough matches ahead

The Indian played some delightful smashes and cross court drives to keep her opponent at bay

Sindhu said this type of a match is important for her

have to learn to control the shuttle". Sindhu's likely rivals in the quarterfinals (Akane Yamaguchi) and semifinals (Tai Tzu Ying) progressed to the knockouts without breaking much sweat.



#### OLYMPIC WATCH

July 29, 2021 | INDIANS IN THE FRAY

**BADMINTON**  
PV Sindhu vs M. Blichfeldt

**BOXING**  
Women's Flyweight round of 16  
Mary Kom vs I Valencia

**HOCKEY**  
Men's Pool A  
India vs Argentina

**SHOOTING**  
Women's 25m Pistol  
Manu Bhaker, Rahi Sarnobat

## INDIA LOSE 1-4 TO GREAT BRITAIN IN WOMEN'S HOCKEY

The Indian women's hockey team wasted chances galore to lose 1-4 against defending champions Great Britain on Wednesday, its third consecutive preliminary stage defeat which reduces the side's chances of qualifying for the quarterfinals

**T**he Indians were guilty of wasting opportunities in their first two games and the trend continued at the OI Hockey Stadium as Great Britain punished them through strikes from Hannah Martin (2nd and 19th minute), Lily Owsley (41st minute) and Grace Balsdon (57th minute). This is Great Britain's second consecutive win in Pool A. For India, Sharmila Devi scored the lone goal in the 23rd minute. The Indians needed at least a point from this game to be safe but they now will have to win their remaining two matches to have any chance of qualifying for the knockout stage.

India had earlier lost 1-5 to world no.1 the Netherlands before slumping to a 0-2 defeat against Germany. Rani Rampal's side will next play Ireland on Friday.

#### A close match

Despite the score-line, it was a close match between world no.11 India and world no.5 Britain. The difference between the two teams was that India had the better share of chances but Great Britain utilised more opportunities that came their way. India secured as many as eight penalty corners in the match but converted just one. Great Britain too didn't have a great success rate

from set-pieces as they found the net just once from the six they earned. Great Britain started aggressively and put the Indian defence under pressure from the word go. The title-holders didn't let the Indians settle down with a second-minute goal by Martin, which caught the Indian defence off guard. Great Britain kept up the pressure and had the first penalty corner in the 10th minute which was saved by India custodian Savita. The Indians slowly settled down and penetrated the Great Britain circle on more than one occasion but, as has been the case, the forward-line lacked the finishing touch. India earned their first

real scoring chance in the 12th minute with back-to-back penalty corners but drag-flicker Gurjit Kaur was not up to the mark.

#### India had their moments

India too had their moments in the match and from their third penalty corner, Sharmila pulled one back for her side. The third goal broke India's momentum and Great Britain secured two more penalty corners, the second of which resulted in a goal. **PH**



Great Britain's Hannah Martin

## Simone Biles withdraws from all-around gymnastics

**D**efending champion Simone Biles has withdrawn from the final of the Olympic individual all-around gymnastics competition due to ongoing concerns over her mental health, USA Gymnastics confirmed on Wednesday. "After further medical evaluation, Simone Biles has withdrawn from the final individual all-around competition at the Tokyo Olympic Games, in order to focus on her mental health," USA Gymnastics said in a statement. The US federation said a decision on whether Biles would compete in individual event finals would be taken following daily evaluation. "Simone will continue to be evaluated daily to determine whether or not to participate in next week's individual event finals," USAG added. Jade Carey will replace Biles in the all-around final. "We wholeheartedly support Simone's decision and applaud her bravery in prioritising her well-being," the statement



Photo: AP

said. "Her courage shows, yet again, why she is a role model for so many." Biles' decision to pull out of the all-around comes after her stunning withdrawal early in Tuesday's team final in Tokyo. The 24-year-old superstar "one of the faces of the Olympics abruptly scratched from the competition after one rotation citing mental health concerns." **AFP**

## QUIZ TIME!

**Q1:** Which was the first T20 team in the world to win 100 games?

- Delhi Daredevils
- Kolkata Knight Riders
- Royal Challengers Bangalore
- Mumbai Indians

**Q2:** Who won the first gold medal for India at the Asian Wrestling Championship?

- Sushil Kumar Solanki
- Hardeep Singh
- Bajrang Punia
- Rajinder Singh

**Q3:** Who will become the first woman umpire to officiate in the ICC World Twenty20 cricket?

- Jacqueline Williams
- Kathleen Cross
- Clarie Polosak
- Sue Redfern

**Q4:** Which of these Indian players was famously known as "Pocket Dynamo"?

- Leander Paes
- Vijender Singh
- KD Jadhav
- Gurbux Singh

**Q5:** Sakshi Malik won silver in 2016 Asian Wrestling Championship? Name the other two wrestlers who also won silver.

- Vinesh Phogat and Divya Kakran
- Babita Kumari and Vinesh Phogat
- Divya Kakran and Geeta Phogat
- Babita Kumari and Geeta Phogat



Sakshi Malik

Photo: PTI

**Q6:** Birdie and Eagle are two terms related to which of the following sports?

- Polo
- Golf
- Chess
- Billiards

**Q7:** In a game of football, which player is given the Golden Glove Award?

- Player aged 21 or younger
- Top Goal-scorer
- Best player
- Best Goalkeeper

**Q8:** What is the other name of Sir Garfield Sobers Trophy?

- ICC Cricketer of the Year Awards
- ICC Test Captain of the Year
- Spirit of the Cricket Awards
- Test Player of the Year Award

**Q9:** Which sport includes events called the Keirin, the Omnium and the Team Pursuit?

- Fencing
- Tennis
- Track cycling
- Synchronised swimming

**ANSWERS:** 1. d. Mumbai Indians 2. c. Bajrang Punia  
3. c. Clarie Polosak 4. c. KD Jadhav  
5. a. Vinesh Phogat and Divya Kakran 6. b. Golf  
7. d. Best Goalkeeper  
8. a. ICC Cricketer of the Year Awards  
9. c. Track cycling